**All Party Parliamentary Group (APPG) on Obesity**

**The Future of Obesity Services Launch Event**

Wednesday 25th November – 10am-11.30am

**About the inquiry**

The aim of this inquiry is to develop actions which support and maximise the implementation of the Government’s national obesity strategy for adults and children.

The APPG was pleased with the progress made in the Government’s obesity strategy published in July, and the Group is keen to be a constructive partner with the Government and NHS as the strategy is implemented and built on in the future. With the aim of supporting the Government and NHS’ ongoing work on obesity, the APPG launched this inquiry seeking insights on the implementation of the Government’s strategy, how it could be built on in the future, and seeking solutions to support the expansion of the full range of NHS weight management services.

**Summary of report recommendations:**

* The Government should continue to promote its ‘Better Health’ campaign and should build on this with a public information campaign about the range of support options, including treatment, available for people with obesity with a focus on overall health both in the short and long term.

* The Government should establish a cross-Departmental delivery panel to oversee the implementation of obesity policy, including a ‘whole-systems’ approach, and to measure and report on the success of these policies on obesity outcomes.
* The Government should commission research into the links between socioeconomic deprivation, ethnicity and obesity, consulting with experts and designing tailored strategies to reduce obesity in underserviced communities based on its findings.
* Integrated Care Systems should be mandated to develop an obesity prevention and treatment strategy for their population, strengthening existing services and sharing best practice across the network.
* The Government should provide clear national guidance on obesity treatment pathways and commissioning responsibilities and set a minimum standard for treatment at a local level. Furthermore, key incentives should be developed and put in place for implementation of the local obesity strategy and execution of services to change overall population health.

*This inquiry, policy paper and the plans and agenda for this meeting have been developed by the secretariat of the APPG on Obesity and finalised with the officers of the APPG. The secretariat of the APPG on Obesity is provided by Healthcomms Consulting and is funded by financial support provided by Johnson & Johnson, Medtronic and Novo Nordisk. These companies have no influence over the work of the secretariat of the APPG on Obesity and they have had no influence over the development of this inquiry, the content of this policy paper or the plans and agenda for this meeting. Full editorial control remains the sole responsibility of the officers of the APPG. Further details of the APPG can be found on the* [*APPG register*](https://publications.parliament.uk/pa/cm/cmallparty/201104/obesity.htm) *and on the Obesity APPG* [*website*](https://obesityappg.com/)*.*

**Agenda**

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| **10.00 - 10.15** | **Introductions:**   * Mary Glindon MP, Chair, APPG on Obesity * Baroness Walmsley, Co-Chair, APPG on Obesity   Overview of the inquiry and the APPG’s recommendations provided by APPG co-chairs. |
| **10.15 – 10.50** | **Panel discussion followed by Q&A**  **Speakers:**   * Ms Louise Patten, Chief Executive, NHS Clinical Commissioners * Dr Matt Capehorn, Clinical Manager, Rotherham Institute for Obesity * Dr Nav Chana MBE, National Primary Care Home Clinical Director, National Association for Primary Care * Ms Vida Cunningham, Public Health Specialist, Lambeth Council |
| **10.50 – 11.20** | **Audience Q&A**  **Speakers:**   * Ms Louise Patten, Chief Executive, NHS Clinical Commissioners * Dr Matt Capehorn, Clinical Manager, Rotherham Institute for Obesity * Dr Nav Chana MBE, National Primary Care Home Clinical Director, National Association for Primary Care * Ms Vida Cunningham, Public Health Specialist, Lambeth Council |
| **11.20 - 11.30** | Summary and final remarks: **Mary Glindon MP** |

**Questions for discussion**

* What are the next steps for the Government and NHS following this summer’s obesity strategy? What are the anticipated timelines for delivery and expected outcomes?
* Who should be appointed to a cross-Government delivery board to ensure the implementation and monitoring of obesity policy through a ‘whole systems approach’?
* What relationship does obesity have with health and socioeconomic inequalities, and how can the Government address both obesity and health inequalities together?
* What methods does the Government and NHS have at its disposal to increase the level of information provided to HCPs and the public about healthy weight, obesity and the options available to people to access support?
* What support and resources do commissioners need to ensure the provision of prevention and treatment services? How can we develop a system of more integrated commissioning for obesity, for example through Integrated Care Systems?
* How can a more flexible system of treatment be implemented which makes accessing the appropriate support easier for patients? What steps need to be taken to reach a more flexible system?

**About the APPG on Obesity**

The All-Party Parliamentary Group on Obesity is a group of cross-party members of the House of Commons and House of Lords which is currently calling for the Government to prioritise and drive increased investment and resource into both the prevention and treatment of obesity.

Policy Objectives:

* Generate a public policy environment where it is recognised by politicians and the NHS that obesity needs to be prioritised and weight management services, covering prevention and treatment, are funded sufficiently.
* Create a call for joined up commissioning that addresses all aspects of obesity and creates a comprehensive pathway that delivers value for money; from prevention through to high quality care and treatment.
* Increase the effectiveness of obesity prevention and facilitate a living environment where healthy choices are encouraged through engagement across the whole health system – from food and drink in retail, work places and schools, encouraging active lifestyles and weight management support.
* Change the way the NHS views, manages and treats obesity, making use of advances in digital innovations and incorporating associated issues such as mental health.
* Build Parliamentary advocates to support the implementation and objectives of the NHS Long Term Plan.

Officers of the APPG:

1. Mary Glindon MP – Chair
2. The Baroness Walmsley - Co-Chair
3. The Baroness Jenkin of Kennington – Vice-Chair
4. Dr James Davies MP – Vice-Chair
5. The Lord Brooke of Alverthorpe – Vice-Chair
6. Jim Shannon MP – Vice-Chair

**Contact**

If you have any questions about this briefing or require any further information please contact the APPG’s secretariat, Tom Doughty, at [tom.doughty@Healthcommsconsulting.com](mailto:tom.doughty@Healthcommsconsulting.com) or call 07852266830.