**All-Party Parliamentary Group on Obesity**

**Tackling obesity: from prevention to treatment; the current state of obesity services**

**Event details**

**Date/Location:** 28th November, 16:00-17:30, Committee Room 6, Palace of Westminster

Please arrive at the Cromwell Green Entrance at 15:25 to allow enough time to go through security, as there are often queues. The organisers will be in the room from 15:30.

**Background**

The All-Party Parliamentary Group on Obesity held its Annual General Meeting (AGM) on the 18th July 2017, following the General Election on the 8th June 2017. This event is the first full group meeting of the APPG following the AGM.

The event aims to highlight the science of obesity and understand the barriers to better obesity care across the whole patient pathway; from prevention and early intervention, through to treatment. The discussions had today will help to shape the work of the APPG moving forward.

**Agenda**

16:00: Arrival

16:10: Introduction from Maggie Throup & short video

16:15: Dr Jenifer Smith – tackling obesity through effective prevention

16:25: Dr Alexander Miras – should obesity be classified as a disease?

16:35: Dr Matt Capehorn – the future of Tier 3 services

16:45: Paul Stevenson – a patient’s journey

16:55: Questions & group discussion

17:20: Summary of discussion by Maggie Throup and networking

17:30 End of event

**Event notes**

**Notes for the Chair**

Opening remarks notes:

* Apologies
* Thank the other officers of the group:
  + Professor the Baroness Finlay of Llandaff
  + The Baroness Jenkin of Kennington
  + John McNally MP
  + Eleanor Smith MP
  + The Rt Hon the Lord Warner
* Introduce the video, which sets the scene for discussion

End of event points:

* The minutes of this meeting will be uploaded onto the Group’s website - [www.obesityappg.com](http://www.obesityappg.com)
* Future events – including our next inquiry – will be publicised on the website and through the mailing list (please let the secretariat know if you/colleagues would like to be added to this if not already)
* Encourage attendees to follow the APPG Twitter feed: @ObesityAPPG
* If anyone has any questions that can email [ObesityAPPG@mailpbconsulting.com](mailto:ObesityAPPG@mailpbconsulting.com)

**Notes for speakers**

* Please keep your remarks to around 10 minutes.
* Questions will not be taken after each individual presentation, but after all four presentations have been delivered.

**Suggested discussion areas/questions to prompt discussion**

* Should obesity be classified as a disease? If so, what should this look like? What would need to happen and what would the implications be?
* What are the biggest barriers to better obesity service provision – from prevention/early intervention to treatment?
* What needs to happen to overcome these barriers?
* What should the role of government be?

**Further information**

For information, or if you have any problems on the day, please contact Sara Petela, 07773880250 or email [sara@mailpbconsulting.com](mailto:sara@mailpbconsulting.com).

**Speaker Biographies**

**Dr Jenifer Smith**, programme director at Public Health England

Dr Jenifer Smith joined Public Health England (PHE) in July 2013, helping to establish PHE’s South Midlands and Hertfordshire Centre. Prior to this Jenifer was the Director of Public Health for the Isle of Wight. In July 2015 Jenifer moved roles to become PHE London’s lead for sexual health, one of the regions priority areas of work.

Jenifer’s career has included roles in leading the National Clinical Audit Programme, developing electronic cancer registration for the South West of England, quality assurance of the population screening programmes and applying multi-criteria decision making to commissioning for health gain.

**Dr Matt Capehorn**, GP and clinical manager of the Rotherham Institute for Obesity

Dr Capehorn studied at the University of Sheffield and has been a full time GP Principal since 2001 during which time he worked as a Forensic Medical Examiner (Police Surgeon), a GPwSI in drug misuse, and for an out of hours primary care service. He has also been Honorary Secretary of the Rotherham Division of British Medical Association. However, his main interest over the last few years has been as a GP specialising in obesity and diabetes management.

In 2002, he set up a weight management clinic, which for many years remained Rotherham’s only dedicated service for adult obesity. He was a member of the group that helped to develop the NHS Rotherham Healthy Weight Framework that won the NHS Health and Social Care Award 2009.

He developed the Rotherham Institute for Obesity to provide a Rotherham wide multi-disciplinary service based around a specialist centre based in the primary care setting that will also tackle difficult areas such as childhood obesity as well as adult obesity, diabetes and obstructive sleep apnoea.

He is now also the Medical Director of Lighter Life, a support organisation for people trying to lose weight.

**Dr Alexander Miras**, clinical senior lecturer in metabolic medicine at Imperial College London and consultant endocrinologist

Dr Alexander Miras graduated from medical school at Imperial College London, UK, and trained as a junior doctor and Specialist Registrar in Diabetes and Endocrinology in the London deanery rotations between 2002 and 2010. In 2010, he was awarded with a Medical Research Council (MRC) Clinical Research Training PhD fellowship, which enabled him to investigate the effects of bariatric surgery on food reward using functional neuroimaging and behavioural methodologies both in humans and rodents.

Dr Miras is currently a Senior Clinical Lecturer and Consultant in Endocrinology at Imperial College London and interested in the mechanisms through which lifestyle interventions, pharmacotherapy, bariatric surgery and medical devices improve weight, metabolic control and diabetes-related microvascular complications.

**Paul Stevenson**, patient representative

Paul received treatment and went from 51st 7lbs to 20st 10lbs in 30 months. He was operated on at 41st and credits his treatment as saving his life. Since then, Paul has slowly begun carving a life for himself. He goes to the gym six days a week, runs two football teams, and seen his favourite group play at the Royal Albert Hall.